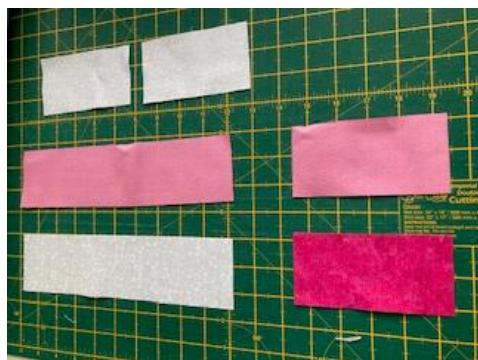


Bourne Quilters

Garlic Knot Block Instructions

This block is made using 1 strip of white fabric, $\frac{1}{2}$ width of fabric x $2\frac{1}{2}$ ins, provided by BQ
Plus 2 fabrics of your choice from your own stash. These fabrics should be one dark and one medium in solid or blender fabrics. Dark/medium, (a)/(b) are interchangeable.

Cutting

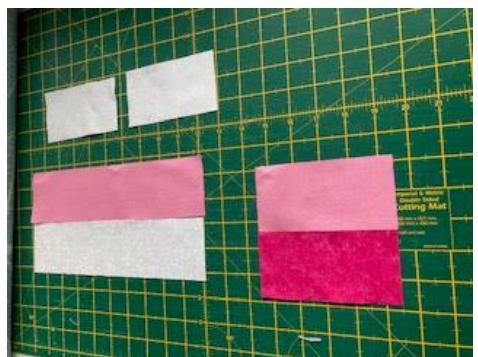


From your $2\frac{1}{2}$ inch wide strip of white cut: 1 x 10 ins, 2 x $4\frac{1}{2}$ ins

From your stash (a) cut: 1 x 10ins, 1 x 5 ins

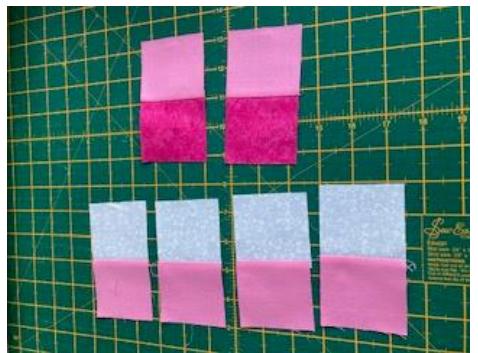
From your stash (b) cut: 1 x 5 ins

Piecing

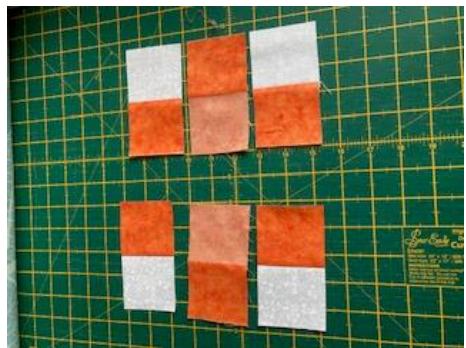


Join the $2 \times 10\frac{1}{2}$ in strips (white and a) and the 2×5 in strips (a and b)

Press all seams towards a.

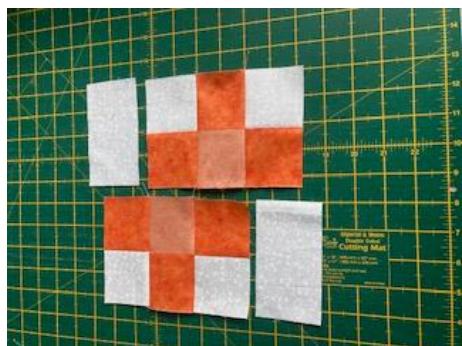


Cut the joined strips into $2\frac{1}{2}$ in strips



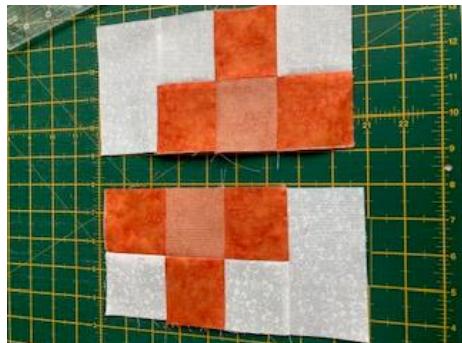
Arrange 2 $\frac{1}{2}$ in strips in sets of three as shown.

Stitch together to make sets of 6 squares.



Stitch one 4 $\frac{1}{2}$ in white strip to each set of six.

Press all seams away from this white strip.



Join the two sections so that the white strips are at opposite ends.

Press.

Hey Presto!!

